

# **Antiracism Resources**

## **St. Matthew's Episcopal Church**

### **Evanston IL**

This list of resources is meant as a broad overview of some of the complicated, multilayered aspects of racism/antiracism, as well as the reasons it is important for white people to become actively antiracist, and a few actions to start doing so. For those who wish to go deeper, there is a “list of lists” at the end of the document. Most of the resources focus on racism directed at African Americans, but further revisions will expand to other races and other subcategories. This resource is a work in progress. Thank you!

The Antiracism Team

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#### **START HERE: Spiritual roots of antiracism**

Episcopal Church. “Becoming Beloved Community Where You Are.”

[https://episcopalchurch.org/files/bbc\\_where\\_you\\_are\\_1.pdf](https://episcopalchurch.org/files/bbc_where_you_are_1.pdf)

“Presiding Bishop’s Word to the Church: When the Cameras are Gone, We Will Still Be Here.”  
Episcopal News Service, May 30, 2020:  
<https://www.episcopalnewsservice.org/pressreleases/presiding-bishops-word-to-the-church-when-the-cameras-are-gone-we-will-still-be-here/>.

Meeks, Catherine. “Do You Really Want to Talk About Reparations.” Episcopal Church Foundation, July 2020, <https://www.ecfvp.org/vestry-papers/article/846/do-you-really-want-to-talk-about-reparations>.

Spellers, Stephanie. “American, Why Can’t You Stop Killing Us?” Episcopal Church Foundation, July 2020, <https://www.ecfvp.org/vestry-papers/article/849/america-why-cant-you-stop-killing-us>.

Spellers, Stephanie. “Speaking of Freedom: A Letter to the Church on Breaking Free of White Supremacy – by Kelly Brown Douglas, Stephanie Spellers and Winnie Varghese.”  
<https://medium.com/@revsteph/speaking-of-freedom-54ad2a49eb05>.

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## **CURRENT MOMENT IN 2020**

Hannah-Jones, Nikole. “What is Owed,” *The New York Times Magazine*, June 28, 2020.  
Accessed August 2020.  
<https://www.nytimes.com/interactive/2020/06/24/magazine/reparations-slavery.html>.

Kendi, Abram X. “The End of Denial.” *The Atlantic*, September 2020.  
<https://www.theatlantic.com/magazine/archive/2020/09/the-end-of-denial/614194/>.

Morris, Wesley. “The Revolution Must be Televised.” *The New York Times*, July 30, 2020.  
Accessed August 2020. <https://www.nytimes.com/2020/07/30/arts/television/the-moment-racism-tv.html?searchResultPosition=1>.

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## **BACKGROUND**

### **Antiracism / Racism**

Acho, Emmanuel. “Uncomfortable Conversations with a Black Man.” *YouTube*.  
<https://www.youtube.com/user/Eacho18>.

Bergner, Daniel. “Whiteness Lessons.” *The New York Times Magazine*, July 19, 2020.  
<https://www.nytimes.com/2020/07/15/magazine/white-fragility-robin-diangelo.html>.

Brown, Austin Channing. *I’m Still Here: Black Dignity in a World Made for Whiteness*. 2018.  
Also see interview with Brené Brown: <https://brenebrown.com/podcast/brene-with-austin-channing-brown-on-im-still-here-black-dignity-in-a-world-made-for-whiteness/>.

DiAngelo, Robin J. *White Fragility: Why It's so Hard for White People to Talk About Racism*. 2019.

Kendi, Ibram X. "An Antiracist Reading List." *The New York Times*, May 29, 2019. <https://www.nytimes.com/2019/05/29/books/review/antiracist-reading-list-ibram-x-kendi.html>.

Kendi, Ibram X. *How to Be an Antiracist*. 2019. Also see interview with Brené Brown: <https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/>.

Oluo, Ijeoma. *So You Want to Talk About Race*. 2019.

On Being with Krista Tippett. "Robin DiAngelo and Resmaa Menakem in Conversation," July 9, <https://onbeing.org/programs/robin-diangelo-and-resmaa-menakem-in-conversation/>.

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## **History of Racism in the U.S.**

Hannah-Jones, Nikole. "The 1619 Project." *The New York Times Magazine*, August 14, 2019. <https://www.nytimes.com/interactive/2019/08/14/magazine/1619-america-slavery.html>.

Rothstein, Richard. *The Color of Law: A Forgotten History of How Our Government Segregated America*. 2018.

Wilkerson, Isabel. "America's Enduring Caste System." *The New York Times Magazine*, July 5, 2020. <https://www.nytimes.com/2020/07/01/magazine/isabel-wilkerson-caste.html>.

Wilkerson, Isabel. *Caste: The Origins of Our Discontents*. 2020.

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## **SUBCATEGORIES OF RACISM**

### **Bias / Unconscious Bias**

Checking Your Blind Spot: Ways to Find and Fix Unconscious Bias. Association of Executive Search and Leadership Consultants. <https://www.aesc.org/insights/magazine/article/checking-your-blind-spots>.

Harvard University. "Implicit Bias Project." <https://implicit.harvard.edu/implicit/user/agg/blindspot/tablet.htm>.

## **Black Lives Matter**

Kim, Heidi. “In This Moment.” Episcopal Church Foundation, July 2020, <https://www.ecfvp.org/vestry-papers/article/862/in-this-moment>.

What the World Needs to Know About Black Lives Matter [video – 2:21 minutes]: <https://www.youtube.com/watch?v=tMioBJiWW-E>.

## **Cultural Appropriation**

What is Cultural Appropriation? [video – 19:20 minutes] <https://www.youtube.com/watch?v=yFGwmUCH9aI>.

## **Health and Medicine**

Advisory Board. “How Rush University Medical Center is addressing the root causes of social determinants of health.” [about race and differences in health care in Chicago]: <https://www.advisory.com/research/health-care-advisory-board/resources/2020/rush-university-addresses-social-determinants>.

Tweedy, Damon, Dr. “Medical Schools have Historically Been Wrong on Race.” *The New York Times*. July 27, 2020. <https://www.nytimes.com/2020/07/27/opinion/sunday/coronavirus-medicine-blackness.html>.

## **Intersectionality**

Intersectionality [video – 2:49 minutes]: <https://www.youtube.com/watch?v=O1islM0ytKE>.

Cycle of Liberation Resource: <https://geography.washington.edu/sites/geography/files/documents/harro-cycle-of-liberation.pdf>.

## **Mass Incarceration**

*13<sup>th</sup>*. Directed by Ava DuVernay. Netflix, 2016. [video – 1:40 hours]: <https://www.youtube.com/watch?v=krfcq5pF8u8>.

Alexander, Michelle. *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*. 2020.

*Just Mercy*. Directed by Destin Daniel Cretton. Burbank, CA: Warner Bros. Entertainment, 2020. Book on which the movie is based: Stevenson, Bryan. *Just Mercy: A Story of Justice and Redemption*. 2020.

Lantigua-Williams, Juleyka. "Ava DuVernay's *13<sup>th</sup>* Reframes American History." *The Atlantic*, October 6, 2016. <https://www.theatlantic.com/entertainment/archive/2016/10/ava-duvernay-13th-netflix/503075/>.

### **Microaggressions**

How Microaggressions Are Like Mosquito Bites [video – 1:57 minutes]:  
<https://www.youtube.com/watch?v=hDd3bzA7450>

Tool: Recognizing Microaggressions and the Messages They Send.  
[https://academicaffairs.ucsc.edu/events/documents/Microaggressions\\_Examples\\_Arial\\_2014\\_11\\_12.pdf](https://academicaffairs.ucsc.edu/events/documents/Microaggressions_Examples_Arial_2014_11_12.pdf)

### **Reconciliation**

Allen, Megan. "Building Spiritual Resilience for Racial Justice and Healing." Episcopal Church Foundation, July 23, 2020, <https://www.ecfvp.org/blogs/3815/building-spiritual-resilience-for-racial-justice-and-healing>.

Wilhelm Verwoerd on the podcast, *The Confessional* (episode 201), about his experience doing reconciliation, antiracism, and peace work as a descendent of the architects of apartheid in South Africa. <https://nadiabolzweber.com/201-wilhelm-verwoerd/>.

### **Reparations**

City of Evanston, Reparations. <https://www.cityofevanston.org/government/city-council/reparations>.

Coates, Ta-Nehisi. "The Case for Reparations." *The Atlantic*, June 2014.  
[https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/?gclid=EAIaIQobChMIh9\\_n2a6y6wIVEonICh32hA4VEAAYASAAEgKdwPD\\_BwE](https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/?gclid=EAIaIQobChMIh9_n2a6y6wIVEonICh32hA4VEAAYASAAEgKdwPD_BwE).

Hannah-Jones, Nikole. "What is Owed," *The New York Times Magazine*, June 28, 2020.  
Accessed August 2020.  
<https://www.nytimes.com/interactive/2020/06/24/magazine/reparations-slavery.html>.

Meeks, Catherine. "Do You Really Want to Talk About Reparations." Episcopal Church Foundation, July 2020, <https://www.ecfvp.org/vestry-papers/article/846/do-you-really-want-to-talk-about-reparations>.

Noah, Trevor. Trevor Breaks Down Reparations & White Privilege [video – 4:01 minutes]:  
<https://www.youtube.com/watch?v=fVa-HAsB-xQ>.

## **Systemic Racism / Structural Racism**

Systemic Racism Explained [video – 4:23 minutes]:  
[https://www.youtube.com/watch?v=YrHIQIO\\_bdQ](https://www.youtube.com/watch?v=YrHIQIO_bdQ).

## **White Privilege / White Culture**

White Privilege [video – 4:09 minutes]: [https://www.youtube.com/watch?v=ZLgbw\\_A1mLI](https://www.youtube.com/watch?v=ZLgbw_A1mLI).

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## **KIDS AND RACISM**

Harvey, Jennifer. Raising White Kids: Bringing up Children in a Racially Unjust America [video – 42:06 minutes]: [https://www.youtube.com/watch?v=0k2SQDc\\_d2M](https://www.youtube.com/watch?v=0k2SQDc_d2M).

How to Talk to Kids About Race [video – 2:56 minutes]:  
[https://www.youtube.com/watch?v=QNEKbVq\\_ou4](https://www.youtube.com/watch?v=QNEKbVq_ou4).

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## **ACTION**

21-Day Racial Equity Habit Building Challenge: <https://debbyirving.com/21-Day-challenge/>.

100 Things White People Can Do for Racial Justice: <https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>.

Action Network: <https://www.actionnetwork.org/>.

Episcopal Church. “Becoming Beloved Community Where You Are.”  
[https://episcopalchurch.org/files/bbc\\_where\\_you\\_are\\_1.pdf](https://episcopalchurch.org/files/bbc_where_you_are_1.pdf)

Episcopal Church. “Responding to Racist Violence.” <https://episcopalchurch.org/responding-racist-violence/act>.

Metropolitan Planning Council. “The Cost of Segregation: What We Pay in Lost Income, Lives and Potential.” <https://www.metroplanning.org/work/project/33>.

Take Action. RAICES (Refugee and Immigrant Center for Education and Legal Services).  
<https://www.raicestexas.org/take-action/?ms=actionnetwork>

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## **ORGANIZATIONS**

### **Chicago Area**

Affinity Community Services: <https://www.affinity95.org>

Assata’s Daughters: <https://www.assatasdaughters.org/>

Black Girls Break Bread: <http://blackgirlsbreakbread.org>  
Black Lives Matter Chicago: <https://www.blacklivesmatterchicago.com>  
The Black Star Project: <http://www.blackstarproject.org/>  
Brave Space Alliance: <https://www.bravespacealliance.org>  
Black Youth Project 100: <https://www.byp100.org>  
Chicago Alliance Against Racist and Political Repression: <https://www.caarpr.org>  
Chicago Community Bond Fund: <https://chicagobond.org>  
Chicago Freedom School: <https://chicagofreedom.school.org>  
Chicago West Community Music Center: <https://www.cwcmc.org>  
Circles and Cyphers: <http://www.circlesandcyphers.org>  
Crossroads Fund: <https://crossroadsfund.org>  
Enrich Chicago: <https://www.enrichchi.org>  
Equity and Transformation Chicago: <https://www.eatchicago.org>  
Evanston Neighbors Mutual Aid Support:  
<https://www.facebook.com/EvanstonNeighborsSupport>  
Good Kids Mad City: <https://www.facebook.com/GKMC2018/>  
Gray Matter Experience: <https://www.graymatterexperience.com>  
i.c.stars: <https://www.icstars.org>  
Let Us Breathe Collective: <https://www.letusbreathecollective.com>  
My Block My Hood My City: <https://www.formyblock.org>  
Resident Association of Greater Englewood (R.A.G.E.): <https://ragenglewood.org>  
Social Works: <https://www.socialworkschi.org>  
Southsiders Organized for Unity and Liberation: <https://www.soulinchicago.org>  
The Triibe: <https://thetriibe.com>  
True Start Media: <https://truestarfoundation.org>  
Westside Justice Center: <https://www.westsidejustice.org>

### **National**

Antiracism Center Center (Boston University): <https://www.bu.edu/antiracism-center/>  
Art Equity: <https://www.artequity.org>  
Audre Lorde Project: <https://alp.org>  
Black Lives Matter: <https://blacklivesmatter.org>  
Black Women's Blueprint: <https://www.blackwomensblueprint.org/>  
Color of Change: <https://colorofchange.org/>  
Colorlines: <https://www.colorlines.com>  
Conscious Kid: <https://www.theconsciouskid.org/>  
Equal Justice Initiative: <https://eji.org/>  
Leadership Conference on Civil and Human Rights: <https://civilrights.org/>  
MPowerChange: <https://www.actionnetwork.org/>  
NAACP Legal Defense Fund: <https://www.naacpldf.org>  
RAICES: <https://www.raicestexas.org/>  
Showing Up for Racial Justice (SURJ): <https://www.showingupforracialjustice.org>

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## **LIST OF RESOURCE LISTS**

Antiracism Commission of the Episcopal Diocese of Chicago. Reading and Resources.

<https://episcopalchicago.org/antiracism/reading-and-resources/>.

Conscious Kid: <https://www.theconsciouskid.org/books>.

Evanston Public Library. Antiracist Resources and Reads: Lists for All Ages:

<https://www.epl.org/antiracist-resources-and-reads-lists-for-all-ages/>.

Washington Post. “Resources to understand America’s long history of injustice and inequality.”

[https://www.washingtonpost.com/nation/2020/06/08/understanding-racism-inequality-america/?arc404=true&utm\\_content=acq\\_con\\_e\\_main\\_072120\\_N&utm\\_medium=email&utm\\_source=acquisition&utm\\_campaign=pw\\_acq\\_con\\_072120](https://www.washingtonpost.com/nation/2020/06/08/understanding-racism-inequality-america/?arc404=true&utm_content=acq_con_e_main_072120_N&utm_medium=email&utm_source=acquisition&utm_campaign=pw_acq_con_072120).

We Need Diverse Books: <https://diversebooks.org/resources-for-race-equity-and-inclusion/>.

Webb, Eric. “Books on Anti-racism That You Can Read Right Now.”

<https://www.austin360.com/lifestyle/20200529/books-on-anti-racism-that-you-can-read-right-now>.